

Organic prebiotic root



Organic Yacon Syrup

Product description

Yacon is a tuber renowned for its naturally pleasant and sweet flavor, cultivated primarily in the Andean region. It is esteemed as the world's most abundant source of natural FOS, a prebiotic fiber that supports a healthy intestinal flora and supports proper digestion.

Organic Prebiotic Root is Nunatura's organic yacon syrup, made from the highest quality organic yacon, concentrated with a high content of FOS (fructooligosaccharides). This syrup serves as a natural sweetener with a low glycemic index.

It's a 100% natural, organic superfood, contributing to overall well-being and promoting good health.



Main features

- Rich in prebiotic fiber.
- Supports digestive health and helps to reduce constipation.
- Low glycemic index for better blood sugar control.
- Aids in weight management.
- Contributes to cardiovascular health.
- Strengthens your body's defenses.
- 100% organic, GMO-free, gluten-free, and suitable for vegans.

REVITALIZE YOUR DIGESTIVE SYSTEM WITH THE RICHEST NATURAL SOURCE OF FOS. EXPERIENCE RENEWED WELLNESS FROM WITHIN WITH EVERY SERVING.

Benefits



Prebiotic fiber:

Yacon is the most abundant natural source of prebiotic fiber FOS, reaching up to 70% of its dry weight. Unlike other known sources of prebiotics, such as chicory and Jerusalem artichoke, which mainly contain inulin, FOS are shorter chain prebiotics that are easily used by our intestinal flora.



Promotes digestive health:

Its FOS content promotes the renewal of the intestinal flora, favoring the proliferation of bifidobacteria that contribute to good intestinal functioning, helping to reduce constipation and favoring the elimination of toxins.



Low glycemic index:

As a natural and healthy sweetener, it boasts a low glycemic index, reducing the glucose spikes caused by table sugar (sucrose) or other sweeteners. This supports maintaining balanced blood glucose levels, hence helping reduce insulin resistance.



Weight control:

Yacon syrup has shown its role in reducing weight and accumulated fat. Additionally, it serves as a sweetener with fewer calories compared to alternatives like honey, maple or agave syrup. Its soluble fiber content promotes a greater feeling of fullness and helps to reduce fat absorption.



Cardiovascular health:

Helps control cholesterol absorption and accumulation, helping reduce the risk of cardiovascular disease.



Defenses:

FOS supports the regeneration of the intestinal flora, helping to strengthen the immune system.



100% organic, GMO-free, gluten-free and suitable for vegans.

Suggested use

As a source of FOS it can be consumed directly, or as a healthy substitute for sugar and other sweeteners (artificial sweeteners, honey or syrups) it can be added to drinks, yogurt, fruits, cereals, desserts or other.

Nutritional value

Nutritional Information

16 serving per package

Serving size 15 g

Amount per serving

Calories 30

Per serving

Total Fat 0 g

Saturated Fat 0 g

Trans Fat 0 g

Cholesterol 0 mg

Total Carbohydrate 9.9 g

Dietary Fiber FOS 5 g

Includes 0g Added Sugars

Protein 0.3 g

Ingredients

100% organic yacon syrup.



Product specifications

Description

Appearance	Viscous liquid.
Color	Dark brown.
Odor / Flavor	Characteristic.

Physical and Chemical Properties

Humidity	g/100g	< 30
Brix	g/100g	72+/-1
FOS	g/100g	> 30

Microbiological Test

Aerobic Mesophilic	CFU/g	< 1 000
Molds	CFU/g	< 10
Yeasts	CFU/g	< 10
Coliforms	CFU/g	< 3

Technical details

Shelf Life 24 months.

Conditions of Storage Store the jar tightly closed in a cool, dry place, below 25°C. Once opened you could keep it refrigerated.

Presentations

Packaging	Master pack
Glass jar with 250 g	Carton box with 24 units
HDPE canister with 25 k	

Tariff Item 1702.90.40.00

Made in Peru



Nunatura (nuna = soul, tura = balance) is focused on helping improve the quality of life of people involved with us by nurturing their body and soul*. following the fair principles of bio-commerce, and operating directly from the origin country, we can make a real difference in the sustainable development of our region.

Distributed by Peruvian Heritage S.A.C. R.U.C. 20457209003
Av. Guardia Civil 1321 Of. 1903. Surquillo. Lima 15036. Peru
T: +51 (1) 628 1414
info@nunatura.com

* We bioenergize our people and our products with energy essences from Peru.
The essences have no direct contact with the product.



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nunatura
.com**