

andean superdrink



Product description

Andean Superdrink is a highly nutritious milk enhancing powder that combines 6 Andean-Amazonian superfoods: Quinoa, Amaranth, Canihua, Maca, Tarwi and Cacao (in chocolate flavor) or Sacha Inchi (in vanilla flavor). This formula enhances the nutritional value of dairy drinks, promoting more complete and healthy nutrition without excessive sugar content.

It is the 100% natural, delicious, fun and truly nutritious alternative to easily integrate superfoods into your daily routine.

Main attributes

- 100% natural high nutritional value:
 - More high quality protein*.
 - Sugar content: a-brand milk modifiers have up to 7 times more sugar content*.
 - Enriched with prebiotic fiber.
- Free of artificial preservatives, colors, flavors and sweeteners.
- Free of nutritional warnings, according to WHO recommendations**.
- Vegan.

BETTER NUTRITION, LESS SUGAR.

Benefits



100% natural high nutritional value:

- Up to more than double of the protein content with a higher quality protein*.
- Andean Superdrink gets its high nutritional value from 6 superfoods:

Quinoa: Considered a gift from the gods, it is a source of vegan protein of high biological value (even equivalent to meat) because it contains all the essential amino acids, including lysine and methionine, which are usually deficient in other sources of vegan protein.

Amaranth: Ancestral grain with a high content of proteins rich in lysine and leucine, that are essential for the formation of muscle protein. Amaranth has a balanced proportion of essential amino acids, similar to the requirements recommended by the World Health Organization (WHO), which is close to the quality of animal protein. Source of B complex vitamins and minerals such as calcium and magnesium.

Canihua: It has a high concentration of high-quality proteins, comparable to the casein protein in milk. It is rich in amino acids such as isoleucine and tryptophan, and stands out for its iron content, since 100g of canihua can cover half of the daily iron requirement of an adult. In addition, it is rich in fiber.

Maca: Known as a superfood from the Peruvian Andes, it is considered one of the most powerful natural energizers. Studies show that it increases physical and mental energy, helping to improve physical resistance and reduce mental stress.



Tarwi: Andean food considered one of the richest sources of vegan protein (even greater than soy), with high content of leucine, isoleucine and valine that contribute to muscle strength and health.

Cacao: Delicious Amazonian food full of flavonoid-type antioxidants that help keep our body younger and energized. Its theobromine contributes to maintaining a better mood. In addition, it provides iron and magnesium (Ingredient only in case of Andean Crunch Chocolate).

Sacha Inchi: An Amazonian superfood, a good source of protein and unsaturated fats. It contains almost double the protein content compared to wheat. Additionally, Sacha Inchi is a source of vitamin E. Sacha Inchi is one of the richest sources of natural omega 3 (Ingredient only in case of Andean Crunch Vainilla).



Less sugar content:

A-brand milk modifiers have up to 7 times more sugar content*. Andean Superdrink is naturally sweetened with a small amount of panela and stevia, helping to lower the consumption of empty calories and to reduce the risk of weight gain. In addition, we are free of synthetic sweeteners, which, according to the WHO, increase the risk of metabolic disease.



Enriched with prebiotic fiber:

Andean Superdrink contains inulin which contributes to improve digestive health, promotes the renewal of intestinal flora and helps strengthen the immune system.



Free of toxic additives:

Free of artificial preservatives, colors, flavors and sweeteners.



Free of nutritional warning labels**:

Unlike other milk modifiers, Andean Superdrink meets the WHO's healthy nutritional recommendations, limiting the consumption of sugars, saturated fats, trans fats, and sodium.

Suggested use

Mix 1 to 3 tablespoons in a glass with your favorite milk and turn your milk into a supermilk. Enjoy it for breakfast or at any time of day. It can also be used in the preparation of desserts or other drinks to increase their nutritional value.

Nutritional value

Andean Superdrink Chocolate

Nutritional Information

17 serving per package

Serving size 20 g

Amount per serving

Calories 78

	Per 100 g	Per serving
Total Fat	4 g	0.9 g
Saturated Fat	1.9 g	0.4 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Total Carbohydrate	77 g	15.4 g
Dietary Fiber	9 g	1.7 g
Total Sugars	17 g	3.4 g
Protein	11 g	2.2 g

Andean Superdrink Vanilla

Nutritional Information

12 serving per package

Serving size 20 g

Amount per serving

Calories 78

	Per 100 g	Per serving
Total Fat	4 g	0.7 g
Saturated Fat	0 g	0 g
Trans Fat	0 g	0 g
Cholesterol	0 mg	0 mg
Total Carbohydrate	79 g	15.8 g
Dietary Fiber	5 g	1.0 g
Total Sugars	8 g	1.6 g
Protein	10 g	2.0 g

Ingredients

Andean Superdrink Chocolate: Andean Superfood Blend [Quinoa (*Chenopodium quinoa*), Amaranth (*Amaranthus caudatus*), Canihua (*Chenopodium pallidicaule*), Tarwi (*Lupinus mutabilis*), Maca (*Lepidium meyenii*)], Cacao powder (*Theobroma cacao*), hydrolyzed cassava starch, modified starch, barley malt extract, panela, inulin, standardized dry stevia leaf extract.

Andean Superdrink Vanilla: Andean Superfood Blend [Quinoa (*Chenopodium quinoa*), Amaranth (*Amaranthus caudatus*), Sacha Inchi (*Plukenetia volubilis*), Tarwi (*Lupinus mutabilis*), Maca (*Lepidium meyenii*), Canihua (*Chenopodium pallidicaule*)], rice flour, hydrolyzed corn starch, malt extract, inulin, natural flavors, standardized dry stevia leaf extract.

Product specifications

Description

Appearance	Powder.
Color	Light brown (chocolate flavor) / Cream (vanilla flavor).
Odor / Flavor	Characteristic.

Physical and Chemical Properties

Humidity	g/100g	< 10,0
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Microbiological Test

Aerobic Mesophilic	CFU/g	< 50 000
Molds	CFU/g	< 1 000
Bacillus Cereus	CFU/g	< 100
E. Coli	MPN/g	< 3
Salmonella sp	in 25g	Absent

Technical details

Shelf Life 24 months.

Conditions of Storage Store tightly closed in a cool, dry place.

Presentations

Flavor	Packaging	Master pack
Chocolate	Trilaminated doypack with 200 g Trilaminated doypack with 350 g	Carton box with 100 und. Carton box with 65 und.
Vanilla	Trilaminated doypack with 250 g	Carton box with 85 und.

Considerations May contain traces of gluten.

Tariff Item 2106.90.71.00

Made in Peru



Nurture your body & soul

Nunatura (nuna = soul, tura = balance) is focused on helping improve the quality of life of people involved with us by nurturing their body and soul. following the fair principles of bio-commerce, and operating directly from the origin country, we can make a real difference in the sustainable development of our region.

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* Comparing the nutritional tables of others a-brand milk modifiers.

**Warning signs according to Peruvian healthy eating regulations in compliance with WHO nutritional recommendations.



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